



Adult Mental Health Local Advisory Council

Date: January 15th, 2026

Time: 1:30-3pm

Location: Virtual (Microsoft Teams) and in person at South Minneapolis Human Service Center Room 221

Attendance

In Person Attendees: Eve Lee, Michelle

Online Attendees: Eveslage Jeffrey C. Albert, Todd T Heintz, Anne Clark, Margie DuPuis, Hannah Cushing, Alexa Fagerness, Rachel A. Engstrom, Marilyn Galloway, Ashwak Hassan

No voting today due to the number of members in attendance.

Agenda

1. Getting Started –Margie Dupuis

- a. Quorum, accessibility statement, meeting norms.
- c. Reviewed meeting minutes- did not vote to approve given attendance

2. LAC Business/Activities

a. Announcements & Updates

- i. Introduction by Eve Lee, new Council Liaison

Single mom of two kids, two cats (one nice and one not), and a dog.

Experience and interests:

- Love nature and music
- Supported a Ramsey County Citizen Advisory Council for a number of years
- Worked in the human services field for over 20 years!

Personal values:

- Racial equity
 - Eliminating disparities
 - Community engagement
 - Connection and building relationships
 - Person centered approach
- ii. LAC Open positions updates
- We should be able to fill the 5 vacancies
 - In the process of reviewing materials and making recommendations to the board
- iii. LAC T-Shirt Distribution-how would folks like to get their shirts? Eve Lee
- Shirts can be picked up at the LAC meetings- February meeting is the next one
 - Identified the March meeting could be a good time to have a brainstorming session, be in person, pick up shirts, and meet the new members
 - Plan for an event- people able to help plan
 - Margie DuPuis
 - Hannah Cushing
 - Dayna Henry-Outreach
- iv. Mental health supports for the tough times we are in- Eve Lee
- Eve shared the resource document that was sent out
 - Marilyn mgalloway@mnmentalhealth.com shared: Anyone needing support in the form of therapy or meds, we see all ages, take all insurances! [How We Help – Minnesota Mental Health Clinics](#)
- v. Meeting space-Should we continue to meet as scheduled for 2026 alternating between S Mpls HSC Room 221 and N Mpls Community Room or consider something else?- Eve Lee
- Current schedule
 - Every other month is S Mpls Human Service Center room 221 (Jan, March, May, July, Sept., Nov.,)
 - Other months will be held at Mpls Human Service Center (Feb., April, June, August, Oct., December)
 - Talked about barriers to being in-person and ideas to support being in-person:
 - Location and travel time is challenging

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- Could consider community spaces with the appropriate technology
 - Marilyn mentioned possibility of utilizing [Location_Minneapolis – Minnesota Mental Health Clinics](#)
 - Event centers might offer
- Having a north and south location could help with the wide range of where people might be coming from
- Continue to meet in places that have the virtual options is important- and was outlined in the
- Food is great to have

vi. Department of Human Services Updates and Announcements

The group felt it would be helpful to have this type of information shared.

3. LAC Subcommittee Updates

a. Website Navigation Committee

- i. Data on Hennepin County main page searches for Hennepin County Mental Health.
- ii. Next steps for committee based on this information

There was not a strong need to explore website navigation further- we can revisit this next month

The group talked about mental health awareness being important and will be added to the February meeting

- Look into credible minds sites that was recommended
- Local radio stations are a place that could support sharing information

- iii. Shared information Digital Experience Department for awareness of this as potential presentation in the future

4. Wellness in the Woods Presentation-Dayna Henry, Peer Support Services

- Dayna provided a presentation
- The LAC participants are very supportive of peer supports, they see a big value for peer specialists
- Some challenges: statute creates barriers, state did not provide a lot of training in 2025
- There is interest in changing the statute

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5. Unmet Needs

- Executive committee will talk about having the unmet needs agenda item at the LAC March meeting
- Reach out to Eve if you have any unmet needs ideas
- Eve will also touch base with people in Hennepin County to see if there are any updated on the current list of unmet needs
- Email Eve if any unmet needs or anyone from HC you are interested in hearing from, email Eve those ideas.

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