



Adult Mental Health Local Advisory Council

Date: June 18th, 2026

Time: 1:30-3pm

Location: North Minneapolis Human Service Center Community Room and Virtually via Microsoft Teams

Attendance

In Person Attendees: Margaret Kinney, Eve Lee, Tanoa Thome, Laila Zemar, Thomas Normile, Alex Fagerness

Online Attendees:

Todd Heinz
Margie DuPois
Erin Radke
Lewis McKinley
Marilyn Galloway
Kristy Weisser
Tori Hensley
Hannah Cushing
Doug Crosby
Jeffrey Alberts
Ashwak Hassan
Raven Baker
Muhannah Kakish
Donna Rapacz

Agenda

1. **Welcome and Introductions-** Eve
 - a. Everyone share their name, role on council and how long they have been involved
2. **Approve May Agenda & Minutes –Laila**
 - a. Any changes or additions to the May meeting notes? None noted.
 - b. If not, make a motion to approve the meeting minutes. Minutes approved.

3. Mental Health Awareness/Reducing Stigma Focused Planning Workshop (1 hour)– Tori Hensley (BH Planner) and Eve Lee

Group A: Mental Health Awareness

1. What are the top 3 ways we could reach more community members?
2. Who are the priority audiences we're not reaching yet?
3. What do we need to be effective with outreach?
4. What's are 1-2 actions each group can take to move things forward between now and our next meeting?

Group B: Reducing Mental Health/Substance Use Stigma

1. What messages or activities would meaningfully reduce stigma in our community?
2. What would make people feel safer talking about mental health?
3. What else might we want to consider in how we approach reducing stigma?
4. What's are 1-2 actions each group can take to move things forward between now and our next meeting?

Notes from group A/B (combined for the activity):

1.Walk for recovery, state capitol- Presence at community hubs- community centers, Physical or digital Pamphlet with links and resources, Community newsletter that spotlights resources. Black state fair and Downtown Wednesdays events in mpls put on by DID.

2. What populations are we missing: Isolated seniors, unhoused communities, first responders, EMT's, nurses, churches, religious communities- the group Margie volunteers with works with churches, transitions and reentry out of prison and jail,

3. More effective with outreach:

Updated resources, accessible and translated, provided in community, available in audio/QR code,

4. 1-2 Next Steps: Identify locations to drop off resources, draft up plain language privacy practices

Group C: AMH LAC Sponsored Mental Health Awareness Event Planning

1. What would a successful fall event look like?
 - o Market the event as much as possible to increase attendance and make the event worth it

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- HC FB Group
- HC Website
- HC Newsletters
- Create flier for local coffee shops and businesses
- Digital marketing
- Connect with other local orgs (NAMI)
- Involve local partners/have community focus :
 - NAMI- attend their conference in November
 - Wilder Foundation
 - Partner with other HC groups
 - FQHC (Northpoint)- Layla can reach out
 - Housing
- Organize Outreach:
 - Develop a spreadsheet for tracking who we have reached out to and who can attend.
 - Categorize organizations
- Activities:
 - Involve art- Interact
 - Music- local musicians
 - Improv- TruArt Speaks
- Cultural Groups:
 - Somali Community Center
 - LGBT
 - Black
 - Indigenous
 - Latinx
 - Asian
- Design Flier (Tanoa and Laila):
 - Add art to make it appealing

2. What resources or partners would make the event stronger?

- See above

3. What are our high level next steps to move the event forward?

- Tanoa will create a spreadsheet of orgs that we can add information to as we reach out to them
- Every will do some research and add orgs to the list

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- Need to determine a venue
 - Eve will create a list of HC specific venues
 - Libraries
 - Ensure it is accessible
 - Bryant Coyle Community Center could be an option- HC has partnered with them in the past
- 4. What's are 1-2 actions each group can take to move things forward between now and our next meeting?
 - We will meet as a subgroup to confirm event logistics prior to the next LAC meeting

4. State Fair Mental Health Day- Laila

- a. Date of MH Day at the Fair is August 31st starting at 5:45am (set up) to 5pm.
- b. Send sign up around- need two people for each time slot
 - 6-8am (join Eve for set up): Eve and Ashwak
 - 8-10 am: Lewis, Ashwak
 - 10-12 pm: Ann Clark (BH Employee) and Tanoa Thome
 - 12-2 pm: Hannah C (tentative), Laila (tentative)
 - 2-5 pm: Laila and Tom
- c. The fee to attend the fair \$385; this has been approved by EC and BH Director
- d. Order a \$20 State Fair Mental Health Day T-Shirt here: [T-Shirts — Mental Health Awareness at the Minnesota State Fair](#)

5. Pride Tabling- Laila

- a. Confirmed tabling at Loring Park on Saturday June 27th from 1-4pm
- b. Are there two people who can help out that day?
 - i. Margaret (BH employee), Laila, Tom and Tanoa are confirmed
- c. Eve will bring all swag and needed supplies
- d. Location is by the dog area

6. Juneteenth Events- Laila

- a. Juneteenth Centennial Lakes Park in Edina 12-4 on 6/19
- b. Please let eve.lee@hennepin.us know if you'd like to participate in either event to promote the AMH LAC and Behavioral Health program resources
- c. Ashwak is planning to attend; thank you Ashwak! 😊

7. Possible Grant for AMH LAC- Eve and Negin

- a. We are applying for the grant: : [Search Results Detail | Grants.gov](#)
 "The National Endowment for the Humanities (NEH) Division of Lifelong Learning is accepting applications for the Media Projects program. The purpose of this program is to support the development, production, and distribution of radio programs, podcasts, and documentary films that engage general audiences with

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humanities ideas in creative and appealing ways. NEH makes Media Projects awards at two levels: Development and Production.”

- b. Discuss ideas on how to use the grant money should we be awarded
 - i. Documentary to create mental health awareness and reduce stigma?
- c. Learned that in order to apply we need to have a connection to the humanities and the arts.
 - i. Update on if we can move forward with Negin’s arts connection
 - 1. We past the grant deadline and weren’t able to find a humanities sponsor so we could consider trying again next year if we like.
 - ii. Grant application is several pages long and is due 6/25/26 so there may not be enough time

8. Touring Anoka Regional Treatment Center (ARTC)- Eve

- a. Each year the AMH LAC has members tour the center and receive updates about it’s operations
- b. We can request the opportunity for a Q and A following the tour (perhaps at our September meeting)
- c. Decide if we want the tour to take the place of our council meeting for August 20th 1:30-3pm or not; if not, come up with a few date/time options to propose to the ARTC coordinator and Eve will reach out to schedule
 - 1. The council decided not to have the tour during our August meeting time as we need time to plan the event
 - 2. One possible option is 9/17 prior to our council meeting at 11 or 11:30am then the ARTC employees could attend our meeting after for Q and A
- d. Decide who from the council will attend, typically not more than 10 people and focused on folks who haven’t had a chance to tour previously

9. Feedback for Touchstone Mental Health

- a. Touchstone is working on their strategic plan and they would like our feedback with any unmet community needs/system gaps so they can help address those
 - i. Committee members will reflect and submit ideas to Eve to share with Touchstone
 - ii. Eve can also pull themes from the LAC engagement survey
- b. They also are interested in attending a council meeting to share more information about what they do
 - i. The council voted to have Touchstone come for our July or August meeting if that works for them. Eve will coordinate.
- c. We could consider partnering with Touchstone for our community event in the fall

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- i. The council members like this partnership idea and we can discuss more when touchstone attends our meeting

10. Take Member Engagement Survey- Eve

- a. We would like your feedback on how the council meetings are going and would like to hear your ideas about the council.
- b. https://forms.microsoft.com/Pages/ResponsePage.aspx?id=n9_vioCHv0aPt0ySRlOovlkrQKOMCo9NkhaZ3ygc4EBURFY0TkprESFhQWE82Sjl1RFBaVVBOR09SVC4u
- c. Take time in meeting to take the survey- utilizing QR code or email
- d. For any members who didn't attend, Eve will email the survey out
- e. We will review and discuss results at July's council meeting

11. Next Council Meeting- Laila

- a. July 16th 2026 from 1:30-3pm
- b. South Minneapolis Human Service Center or Online via TEAMS
- c. Presentation from Raven Baker-Jones, Optum CARE Counseling resources
- d. If you can't attend, please let eve.lee@hennepin.us know

12. Council Announcements- Laila

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